



Athlete's Contract

It is not only important for SKY Volleyball Teams to strive for "Victory in Competition", but also for "Victory in Life". "Ultimate victory" can be attained through the application of "God's Playbook" (the Bible) to every aspect of our lives, which includes our sports, our personal character and our leadership opportunities. The policies below have been established for the Athlete's protection, character and leadership development.

CODE OF CHARACTER AND CONDUCT FOR SKY VOLLEYBALL ATHLETES:

- Be a Team Player not an Individual, hustle at all times and put forth 100% effort
- Be competitive by striving for maximum athletic potential with dedication, respect and team work
- Stay focused, keep your head in the game and pay attention during practice and tournaments
- Do not use cell phones during practice
- Never quit or give up, be encouraging to yourself and others
- Do what it takes for your team to win, not to boost your own stats and ego
- Expect Errors, mistakes and failure, but strive for perfection and excellence
- Demonstrate self control of your efforts, attitude and behavior
- Use proper communication both on and off the court, no rude or vulgar language
- Take pride in how you play the game and in how you wear your uniform
- Show up to practice and tournaments wearing the assigned SKY Volleyball uniform
- Keep all personal items inside backpacks, stack backpacks neatly together and leave no trash behind
- Be respectful of Officials, Coaches, Teammates, Opposing Team Members, Parents and the game itself
- Demonstrate Class at the end of a game in both victory and defeat - shake hands, look the opposing team members in their eyes, and keep your head up high because of the effort you have put forth
- Use "The Buddy System" at all times - stay alert, use common sense, and make good decisions and choices
- Report all injuries, illnesses and emergencies IMMEDIATELY to the coaching staff
- Participate in non-sports functions, including team-building and community events, meetings and socials
- If you have a complaint or problem with someone, go to that person directly and work it out
- If you have a concern regarding the team and how it's being run, discuss it with your coach
- Maintain a healthy diet

INAPPROPRIATE CONDUCT:

The following behaviors will not be tolerated and disciplinary action will be taken:

- Attitude problems, back-talking to a Coach or Parent, crude, profane or vulgar language
- Throwing of equipment or outward expressions of anger or frustration
- Questioning officials in a clearly visible and inappropriate manner (verbal and non-verbal)
- Critical, judgmental, or negative talk directed toward teammates or the opposing team
- Leaving the bench area without permission from the coach
- Horse-playing or messing around in a way that interrupts practices or games
- Consumption of alcohol and/or drugs
- Violation of the Code of Character and Conduct in a way that reflects poorly on SKY Volleyball, such as failure to properly wear your uniform or failure to be neat and clean

Consequences for the above actions and attitudes include:

- Not permitted to participate in a drill or practice
- Some form of extra physical fitness exercise (i.e. running, bricks, push-ups, etc.).
- Suspension from playing in practice or up-coming games
- Removal from a game or competitive site
- Dismissal from the Club – if this occurs, you will be responsible for any additional costs, and NO refunds will be given

The coaching staff's decision is final.



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COMMITMENT TO THE PLAYER CODE OF CHARACTER AND CONDUCT

I have read and understood the Athlete's Code of Character and Conduct as well as what constitutes inappropriate behavior and its consequences.

With full understanding, I hereby commit myself to abide by the SKY Volleyball **Athlete's Code of Character and Conduct** as well as strive to grow in areas of character and leadership development, for the duration of my involvement with the SKY Volleyball Program.

Player Name

Team

Player Signature

Date

Parent Signature

Date